

# MY COMMUNICATION

#### **Communication and Literacy**

Throughout the spring term, we will continue to develop our communication skills as part of the ASDAN 'Developing Communication Skills' modules, which will include using technology, sharing books with others, reading for information and functional writing.

During the first half of the term, we will be reading poetry from the 19<sup>th</sup> Century, with a particular focus on 'The Owl and the Pussy-cat' and other works from Edward Lear. After half term, we will be looking at Shakespeare's 'Romeo and Juliet'.

#### Ways you can help your child:

Read and/or watch 'The Owl and the Pussy-cat' and other 'nonsense' poems, focussing on rhyming words.

Read and/or watch adaptations of 'Romeo and Juliet'. The 'Little Master Shakespeare' version by Jennifer Adams is perfect for our prereaders, whilst 'The Shakespeare Stories' version by Andrew Matthews is a good level for our readers.

#### MY BODY

# This term, PE sessions will focus improving balance skills, through riding bikes, trikes and scooters and we will develop our team work and hand-eye co-ordination through parachute games and activities.

#### Ways you can help your child:

**Physical Skills** 

Go for a bike/trike/scooter ride across different terrains. If your child finds this difficult, leg raising exercises in a seated position and making peddle movements in the air whilst laying on your back are good ways to strengthen the lower limbs. Simple balance exercises, such as yoga stretches will also help to develop the skills required for riding wheeled vehicles.

#### MY INDEPENDENCE

#### Skills for Life

Throughout the spring term, we will continue to develop functional skills as part of the ASDAN 'Independent Living' modules, which will include using a range of household appliances, planning balanced meals and personal safety. In Food Technology, we will focus on preparing snacks and meals food using a range of equipment. Alongside this, we will focus on hygiene, health and safety and food storage as part of the ASDAN 'Meal Preparation and Cooking' modules.

## Ways you can help your child:

Encourage your child to participate in food preparation and cooking, at an appropriate level. This could involve sensory exploration of foods, collecting utensils, laying the table, chopping, mixing and pouring and using equipment.

# MY COMMUNITY

#### **Personal Development**

During the first half of the term, we will be looking at key features of positive friendships and relationships. After half term, we will be looking at the difference between 'safe' risks (e.g. an obstacle course) and 'unsafe' risks (e.g. household substances).

#### **Cultural Development**

This term, our whole school value will be 'Care'. We will explore what it means to be part of a community by engaging in activities linked to our 'Care and Share' day.

#### Ways you can help your child:

Look at photos of family and friends and discuss different types of relationships. Note how our communication, including greetings are different depending on our relationship with them.

#### MY COGNITION

We continue to develop functional maths skills through the ASDAN 'Developing Numeracy Skills' modules, including using number and counting in games and activities, sorting everyday objects and telling the time using analogue and digital clocks.

#### **Digital Literacy**

Maths

This term, we will focus on using a range of ICT equipment, including kitchen appliances, music players and speakers as part of the ASDAN 'Using ICT' module. We will also develop our awareness and understanding of online safety as part of the ASDAN 'E-safety' module.

# Ways you can help your child:

Practise numbers through everyday activities, such as counting out plates, cups etc. during mealtimes, counting shopping items in the trolley, recognising numbers on kitchen appliances and through board and card games.

Practise using a range of ICT in the home through functional activities, such as making a cup of tea, playing music and finding a favourite TV programme.

# Creativity

This term, we will explore 'Music through the Ages'. We will begin our musical journey with medieval music before moving through the significant music periods up until the 21st Century. Alongside this, we will create pictures using a range of mediums inspired by famous artists.

MY CREATIVITY

#### **Working World**

During the first half of the term, we will be exploring the properties and functional uses of 'Common Materials' in Science and we will also be learning about 'Medieval England' in History.

After half term, we will be covering 'Forces and Motion' in Science and 'South America' in Geography.

#### Ways you can help your child:

Listen to a range of music genres, sharing your favourite songs and bands from across different ages.

Visit historical sites, such as Walden Castle to learn more about medieval times. Explore a range of materials at home, such as investigating which material would be best to make a raincoat. Explore functional uses of forces and motion, such as kneading and rolling dough, kicking a football and riding a bike.