Seahorse Class Home Learning Timetable

Further information and related resources will be sent out each Friday via email. Teams links to live online sessions will be sent out each Monday via our eSchools webmail.

	9:00	9:30	10:00	11:00	11:30	12:00	13:00	14:00	14:30
Monday	Life Skills - Practise key life skills as part of a morning routine	Bucket - Watch videos of bucket via Granta YouTube		Fitness - Watch live online via Teams	English - Listen to eBooks via Oxford Owl or Twinkl Go		Relaxation - Find a comfy spot to relax and listen to music	Maths - Engage in practical measurement activities and online games via Mini Mash and Twinkl Go	Sensory Activity - Engage in weekly themed sensory activities
Tuesday	Life Skills - Practise key life skills as part of a morning routine	Bucket - Watch videos of bucket via Granta YouTube		PE - Move and dance to action songs	English - Engage in mark making and letter formation activities		Sensory Story - Watch live online via Teams	Maths - Engage in practical measurement activities and online games via Mini Mash and Twinkl Go	Granta Videos - Watch videos via Granta YouTube
Wednesday	Life Skills - Practise key life skills as part of a morning routine	Art & Craft - Watch live online via Teams	BREAK	PE - Join in fun workouts and silly dances via Go Noodle	English - Watch and join in the 'We're Going on a Polar Bear Hunt' sensory story via Granta YouTube	LUNCH	Bucket - Watch live online via Teams	Maths - Engage in practical measurement activities and online games via Mini Mash and Twinkl Go	Art - Engage in winter themed art activities
Thursday	Life Skills - Practise key life skills as part of a morning routine	Bucket - Watch live online via Teams		Yoga / Mindfulness / Therapeutic Story / Emotions - Watch live online via Teams	English - Engage in writing activities linked to 'We're Going on a Polar Bear Hunt'		Relaxation Find a comfy spot to relax and listen to music	Home Cooking - Watch live online via Teams	Maths - Engage in practical measurement activities and online games via Mini Mash and Twinkl Go
Friday	Life Skills - Practise key life skills as part of a morning routine	Celebration Assembly - Watch live online via Teams		PE - Play outdoor games	English - Listen to phonics songs and play online games via Mini Mash and Twinkl Go		Life Skills - Watch live online via Teams	Maths - Engage in practical measurement activities and online games via Mini Mash and Twinkl Go	Science - Engage in winter themed science activities