## Assistantfinance at Granta Special

From:Head at Granta SpSent:16 May 2017 14:25To:Judd Val; Assistantfinance at Granta SpecialSubject:FW: Ely Sibling Group - Artwork's - Support Group Sawtry - Jump Club - Jolly Archers -<br/>Sport Inclusion Course - RemindersFollow Up Flag:Follow up<br/>Flag Status:Flag Status:Follow up<br/>Flagged

From: Adamson Joan [mailto:Joan.Adamson@cambridgeshire.gov.uk]
Sent: 11 May 2017 10:28
To: Adamson Joan
Subject: Ely Sibling Group - Artwork's - Support Group Sawtry - Jump Club - Jolly Archers - Sport Inclusion Course - Reminders

Hello

## **Ely Sibling Group**

Friday 2 June at Highfield Academy, Ely CB6 1BD 5 - 9 year olds: 10.30am - 12noon 10 - 16 years old: 1pm - 2.30pm There will be a cost of £3.00 per child. Please pay on the day. We will be doing arts and crafts.

This group is for the siblings who have a brother or sister additional needs. Please contact Jane Tuck if you think your child would benefit from the group. I have many siblings attend who have a brother or sister at mainstream schools. If your child has not attended the group before please ask Jane for a registration form

Please book a place no later than Friday 26 May 2017. T: 07827 309394

#### Artwork's May half term Holiday Club (18yrs+)

The **'Jungle Fever'** themed sessions include art, drama and cooking; and will involve creating a rainforest with a paper chain waterfall, and baking animal biscuits!

The Artwork's Holiday Club will be running from the 30 May to 2 June. Sessions run 10am to 3pm and flexible booking options include half and full days.

The holiday club is aimed at people with learning disabilities, aged +18 years. For more information please contact Artworks on 01223 883137 or <u>artworks@eddies.org.uk</u>

# Support Group Sawtry

CARESCO is a community charity in Sawtry have started a new support group for parents and carers. The group is for those caring for anyone with ASD or ADHD.

Tea/coffee and biscuits are free, there is free parking and both venues are wheelchair friendly and have baby changing facilities. We don't have any crèche facilities, but could accommodate one or two little ones with parent supervision.

#### **Autism and ADHD Parent Support Group**

Chat and offload with other parents and carers. Find help and advice. All family and carers of someone with Autism or ADHD welcome. Come along for a cuppa.

Friday 19 May 10am –12noon

Friday 16 June 10am –12noon At the Youth and Community Centre, Green End Road, Sawtry

Thursday 8 June 7.30pm - 9.30pm at The CARESCO Centre, Green End Road, Sawtry

For further information call Miranda on 07751 798287 E: <u>carers@caresco.org.uk</u> CARESCO office 01487 832105 (9am –12noon)

## Jump Club

One Leisure Huntingdon, St Peter's Road, Huntingdon PE29 7DA (all ages) Mondays (starting from 13 June), 12.30pm to 1.30pm and 1.30pm to 2.30pm

One Leisure St Ives Indoor, Westwood Road, St Ives PE27 6WU (all ages) Saturdays (starting from 25 June), 10am to 11am and 11am to 12noon

Jump Club uses trampolines to provide opportunities for movement, therapeutic exercise and recreation. Sessions are for adults and children with learning difficulties, limited mobility or whose physical condition causes muscle rigidity.

Exercises on a trampoline can improve muscle tone, flexibility and provide a host of stimulating sensory experiences. It can also provide improved balance and spatial awareness.

You can develop new skills that bring a tremendous sense of achievement or just enjoy the pure sensation that bouncing on a trampoline provides.

Sessions are delivered by a qualified Rebound Therapist and Inclusive Multi Sports Coach. As well as the health and fitness benefits, best of all - Jump Club is fun!

1:1 sessions are available upon request. First session is free. There are limited spaces so pre-booking is essential. For bookings and further information contact John Beck

T: 07866 706539

E: jumpclub@hotmail.co.uk

#### **Jolly Archers**

Jubilee Park, Kings Ripton Road, Hartford, Huntingdon PE28 2NR (Please Note: your sat nav is likely to take you to Sapley Park in Huntingdon. Please see directions on our website)

The Jolly's is open to new archers from age 12 or ability. We normally run our beginners course in the outdoor season (April to September) when we will teach you all you need to get started in archery. The Club will provide the equipment - all you need to bring is your enthusiasm. Normally places are limited to about 8-12 people to ensure all enjoy the best possible experience.

This year's beginners course will be held over three weekends in June. The first session will be on Friday 2 June, 6pm to 8.30pm. The next sessions will be on Saturday 10 and 17 June, 10am to 12.30pm To avoid disappointment please book early as spaces usually go quickly. To book your place go to the website. W: http://www.jollyarchers.org.uk/bin/page.php?extra=beginners

## **Sport Inclusion Course**

Would you like to take part in a 3 hour sports inclusion course FREE of charge? The course is aimed at volunteers and family members who would like to facilitate the delivery of sports activities for people with disabilities. The course is 3 hours long and is practical, so lots of fun! Participants will come away with ideas for activities they can put into action straight away with the young people they support. It will touch

on specific sports but the main content will be generic physical activity and tasks. For example looking at different equipment for different abilities / needs and how changing something like equipment size or speed can alter how attainable a task is. That's just one area and one example. Please see the link below for a little more information about the programme:

http://www.sportscoachuk.org/site-tools/workshops/sainsburys-active-kids-all-inclusive-communitytraining-ak4a-ict

We are hosting a course specifically for Eddie's but we need a minimum of 15 people to go ahead with the course, which will be held **between 10am and 1pm on Saturday 8 July at Tillage Hall in Waterbeach** – walking distance from the railway station and with ample parking. Details will be confirmed once we know we have enough participants.

If you would like to participate in this course, please let Vicky at Eddie's <u>vicky.baddeley@eddies.org.uk</u> know by **Monday 5 June 2017**.

## Reminders

## **Ely Parent Support Group**

A supportive group for parents and carers of children with additional needs/disabilities offering Ely area parent carers an opportunity to chat with others that really do understand.

19 May 2017 at Highfield Ely Academy, Downham Road, Ely CB6 1BD, 1.30pm - 3pm Please contact organiser Jane Tuck, family worker at Highfield, if you are able to attend. Sometimes a speaker comes along and it is helpful to know how many will be attending on that day. T: 07827 309394

## **ADHD Support Group Wisbech**

If you have a child or young person in your care that has been diagnosed with Attention Deficit and Hyperactivity Disorder (ADHD), come along and meet with others parents, carers and professionals for some well-earned support!

17 May 2017 at the Queen Mary Centre, Queens Road, Wisbech PE13 2PE, 9.30am - 11am For more information contact Cat, Marlene or Vicki at Wisbech Locality 01354 750401

## **Cambridge United Football Club**

We are running FREE impairment specific disability football sessions during the May half-term holiday. Friday 2 June 2017 at Bottisham Village College Sports Centre, Lode Road, Bottisham, Cambridge CB25 9DL

11am - 12pm - Ambulant Cerebral Palsy session

12.30pm - 1.30pm - Down's Syndrome session

2pm - 3pm - Autistic and Learning Difficulties session

The sessions are indoors and are for all ages and abilities. The sessions are free, but places are limited and participants need to book a place by emailing me at <u>phil.mullen@cambridge-united.co.uk</u>

#### **SEN Holiday Play Morning St Neots**

Half term summer fun session Meet other parents and get professional support from Early Intervention Family Workers. 31 May 2017 at Bargroves, Cromwell Road, St Neots PE19 2EY, 10am to 12 noon

This event is for primary school aged children (and their siblings) with social interaction difficulties or additional needs. Please ensure your child has any necessary sensory equipment, ear defenders, etc. For more information contact: Lorraine Simon or Ann James

T: 01480 376199

E: lorraine.simon@cambridgeshire.gov.uk

E: ann.james@cambridgeshire.gov.uk

All the best Joan Joan Adamson SCIP Co-ordinator Box No H2/15 Bargroves Cromwell Road St Neots PE19 2EY Tel: 01480 379827

SCIP is for children and young people with a disability or additional needs and their families in Cambridgeshire.

Office hours: Mon - Thurs 8.30am - 1.30pm

For further information on Special Education Needs and Disabilities in Cambridgeshire go to <u>www.cambridgeshire.gov.uk/send</u> or visit the Family Information website: <u>www.cambridgeshire.gov.uk/families</u>

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