# **AUTUMN 1 and 2 - 2025-2026**

# **Learning Letter – Octopus Class**

## My Communication

# Communication and Literacy

- This term we will be looking at 19<sup>TH</sup> century fiction the Jungle book
- Year 10s will be completing ASDAN starting out modules and Year 10 and 11 will be focusing on ASDAN developing communication skills Progression –listening and speaking skills following and giving instructions. and personalised reading and writing –reading in the community
- listen and respond appropriately to adults and their peers
- Articulate and justify answers, arguments and opinions
- maintain attention and participate actively in collaborative conversations
- Staying on topic and initiating and responding to comments
- Turn taking practise.
- Describe characters from a story
- Autumn 2- Non-fiction information leaflets

### Ways you can help your child:

- Talk to your child about characters you watched in a film and link this with their actions.
- Discussions with your child about what they can remember from the story read/watched and sequencing.
- Discuss how they are feeling and how others may be feeling in situations

## My Body

# Physical Skills

- Autumn 1 Panthalon-Boccia and new age kurling
- Autumn 2- Fitness circuits
- Learning basic moves and rules of a team game
- Labelling and identifying key vocabulary linked to movement including Move, speed, direction, action, mirror, lead, follow, travel, control, balance, level, copy, repeat, and action words.
- Developing our fine motor skills using a range of fun activities-Pencil control, scissor skills
- We will have a swimming session weekly and be completing ASDAN swimming unit
- ASDAN- Sports studies Ball control

# Ways you can help your child:

- Explore movement with your child
- Practice your ball skills throwing, catching and kicking

# My Independence

### Skills for Life

- We will explore work related skills including household skills.
- We will be learning to follow and make simple bakery recipes during food tech lessons –ASDAN- Bakery
- Community visits into Linton-Travelling on foot and trips on the mini bus into the wider community –socialising in the community, practicing good manners and asking for help.
- Autumn 1- ASDAN the environment -Saving energy –how we can save energy
- Autumn 2- ASDAN- Independent living-sharing personal information and communicating both verbally and written. To know who are safe people to share our personal information with.

# Ways you can help your child:

- Explore shopping, make a shopping list together. Involve them with your shopping, either directly
- Support your child to engage with and join in with household tasks.
- Look at the price of different object/items when you are out shopping
- Discuss signs you see in the community

# My Community

### Personal Development

- Autumn 1- Explore the PSHE TOPIC- Self –awareness and managing pressure- ASDAN- relationships
- Autumn 2- The world we live in- preparing for adulthood
- Autumn 2- RE Christmas-Christianity –Nativity story and modern traditions
- Autumn 1- Cultural development- Black history- music, film and literature

# **My Cognition**

## Digital Literacy

- Autumn 1 ASDAN- Photography and multimedia- Using photos with a computer – connecting world: online reputation, finding out information about people online
- Autumn 2 ASDAN- Using computer technology- Health ,wellbeing and lifestyles- Connecting world-rules of using tech safely including age limits

# Maths

 Autumn 1 and 2 – we will be working on ASDAN – Developing numeracy skills modules using lots of practical hands on activities and tasks to bring maths to life – Number and Geometry and measures.

#### Science

- Autumn 1 The human body- Senses and body parts cell and the function of the main organs of the body.
- Autumn 2- Community science Forensics- setting up investigations and working scientifically.

#### History- Autumn 1- The voyages of discovery 1492-1522-ASDAN -history

 In History, we will be learning about people and places –concentrating on famous explorers –including Columbus, Da Gama, Magellan, and the life in the Aztecs Empire.

### Geography - Autumn 2- Holidays and Tourism- ASDAN - Geography

Recognise key destinations for holidays in the UK and to understand why
people go on holiday.

### Ways you can help your child:

- Talk about things that have happened in the past
- Look at the countryside around you what can you see
- Discuss places you have visited

# My Creativity

## Creativity - Art / DT / Music

- Autumn 1 DT- textiles-exploring various methods of joining materials –ASDAN craft making- sewing and stitching
- Autumn 2- Printing using different methods of printing to different effects and patterns- ASDAN –Printing

#### Art

 We will use the art room to explore a range of different printing methods to create different effects

# Ways you can help your child:

- Encourage children to create own artwork using a range of different medias including paints, crayons, natural objects and chalks
- Take photos of the environment and people
- Make craft items together
- Look at different types of media-magazines and newspapers
- Visit an art gallery

# Ways you can help your child

- Explore and take about different emotions and feeling
- Go for walks
- Talk about how you and others may feel about changes that happen in life- changing classes.
- · Look at prices in shops
- · Plan a meal and shop together
- · Do yoga together