Eton Mess











Ingredients:

Strawberries

Meringue

(if available) Mint



Method:





1) Chop strawberries.









2) Gently break up the meringue.





3) Whip the cream.











4) Put two pieces of strawberry to one side.













5) Carefully mix the strawberries, meringue and cream together.













Decorate top of the mix with strawberry and mint leaf. 6)