



Outdoor learning is an essential part of all children’s education. Getting outside provides endless opportunities for academic learning and personal development. Creating a sensory garden or utilizing an existing outdoor space provides key possibilities for learning opportunities. Whether that be academic, emotional or skills based.

Reflection

The outdoor space / sensory garden makes for a lovely, relaxing and neutral place for reflection.

Play and Interaction

There are limitless opportunities for play in any outdoor area, a sensory garden takes this further. Structured play can often be more beneficial than a run around. Games such as “I spy”, scavenger hunts, and hide and seek are brilliant to encourage low pressure positive interactions.

Interaction and Communication

The outside space brings additional opportunities for embedding communication into every activity. Here is a suggested AAC communication board to allow the child to comment on the things they can see, hear, touch, and smell.

Commenting board - The Sensory Garden



Stimulating Environment.

The garden is such a lovely place to be and a sensory garden can be designed to stimulate children’s senses. Windmills, chimes, mirrors, spinners. These alerting, interacting, calming and reflecting resources can be made with household objects.