

Relationships Education in Primary will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

Relationships and Sex Education in Secondary will build on the teaching from Primary. It aims to give young people the information they need to help them develop healthy, nurturing relationships. We will cover content on what healthy and unhealthy relationships look like and what makes a good friend. We will equip your child with appropriate knowledge to enable them to make safe, informed and healthy choices as they progress through into adult life.

What can you do?

- Talk to your child about what they have been learning in school and listen to their wishes
- Listen to their questions and answer them
- Talk to us at school
- Talk to other parents
- There are a range of resources and websites we can direct you to, feel free to contact the class teacher

What you need to know?

You have the right to withdraw your child from Relationships and Sex Education lessons until a pupil is within 3 terms of their 16th birthday. This can be discussed through a meeting with the Head teacher. However due to the vulnerability of our pupils the school would always strongly encourage parents not to take up this option.

Pupils cannot be withdrawn from Relationships Education, Health Education or the Statutory Science Curriculum.



Relationships, Sex and Health Education

Parent Information

Statutory guidance from the Department for Education (DfE) requires the compulsory teaching of these subject areas, following a newly developed curriculum. Delivery of this will begin during the academic year Summer Term 2021

What is sex and relationship education?

It is lifelong learning about healthy relationships, respect, love and care. Body changes, body image and keeping ourselves safe and healthy. It is also about the teaching of sex, sexuality and sexual health.

Why does sex and relationship education matter?

Our pupils learn about relationships from a young age, even if we don't talk about it with them. Some of the things they learn can be incorrect, confusing and worrying. We should talk to our pupils to help them make sense of it all.

SRE teaching should enable our pupils to build their confidence, self-esteem and understanding around this subject.

What will the curriculum look like?

We have used statutory government guidance to ensure curriculum coverage that is appropriate for our pupils age and developmental stage. The RSE curriculum will be delivered mainly within our PSHE or Skills for life lessons. We may teach some elements through Science, Computing and PE.

| | Relationships Education | Relationships and Sex Education | Health Education |
|-----------|---|---|--|
| PRIMARY | <ul style="list-style-type: none">Families and people who care for meCaring friendshipsRespectful relationshipsOnline relationshipsBeing safe | | <ul style="list-style-type: none">MenstruationMental wellbeingInternet safety and harmsPhysical health and fitnessHealthy eatingDrugs, alcohol and Tobacco health and PreventionBasic first aidChanging adolescent body |
| SECONDARY | | <ul style="list-style-type: none">Respectful relationships including friendshipsOnline and mediaIntimate and sexual relationships including sexual healthThe Law | <ul style="list-style-type: none">Same topics as primary |